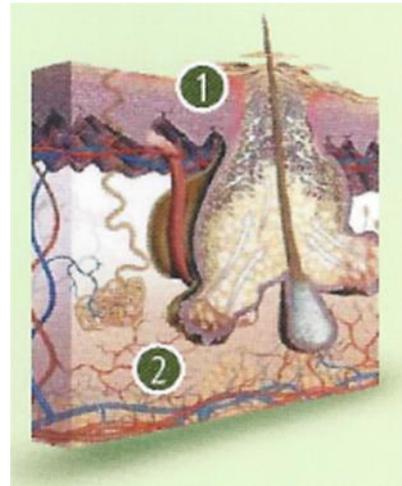


June
is
Acne Awareness Month



What Causes Acne?

Superficial layers of the skin cover hair follicles trapping sebum, bacteria and impurities inside the pores. This causes bacteria to grow in the clogged follicle and eventually leads to blackheads, whiteheads and pustules. Inflammation and redness then appear in the infected area.



Acne is a medical condition that, in most cases, can be successfully addressed with the right treatments and medications.

Most experts agree that there are several related factors that may aggravate the acne condition, including:

- **Hormones:** Acne can flare up easily in teens and adults—especially women during pregnancy, menstrual periods and menopause.
- **Certain drugs:** Avoid products such as lithium and

steroids. In fact, birth control pills may help keep acne from developing.

- **Genetics:** If a parent, brother or sister, or your child has acne, it could be due to genetics. One study found that this was true of 50% of adults with acne.
- **Comedogenic products:** Using oily skin care and some hair products can block pores, which can lead to breakouts.
- **Stress:** Stress won't cause acne, but it can aggravate hormones that do. The higher the stress level, the higher the occurrence of acne, especially in women who work in high-pressure jobs.
- **Physical pressure:** For some, the pressure from helmets, chinstraps and collars can aggravate acne.
- **Some occupations:** Exposure to industrial products, such as oils used in metal-cutting, may produce acne.



***26 Year Old Female
Before & 5 Months After***

**Personalized Treatment
Plan;**

- Chemical Peel
- Laser Treatment
- Topical Treatment

Mild, Moderate or Severe Acne

Our physician will determine the best treatment plan for you at the time of your consultation. Prescription medication may be required.

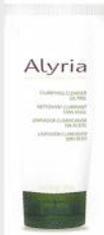
Our clinic also offers alternative treatments for acne including;

- Chemical Peels
- SPECTRA Carbon Peel
- Infini MFR
- Healite

[CLICK HERE](#) To Learn More

ACNE CLARIFYING KIT (\$99 +tax)

A proper at home skin care regime is essential to maintaining healthy skin.



CLARIFYING CLEANSER OIL FREE
Glycolic Acid

- Cleanses the skin and refines its pores, leaving skin clean and soft



CLARIFYING EXFOLIATING SOLUTION

Glycolic Acid and Salicylic Acid

- Sloughs off dead cells on the surface of the skin, unclogs pores and provides an anti-inflammatory effect to soothe inflammation associated with acne

Clinically Proven Results!
Products that combine salicylic acid and glycolic acid **reduce inflammatory acne lesions by up to 51%²**



ACNE RETINOL COMPLEX
Retinol and Alpha Bisabolol

- Minimizes the appearance of acne lesions, visibly reduces pore size and improves the appearance of skin imperfections

Clinically Proven Results!
Up to 60.8% reduction in acne lesions²



OIL FREE HYDRATING LOTION

Aquarize IS™, AQUAPHYLIN® and Amazonian white clay

- Significantly increases skin hydration, reinforces skin's barrier function and absorbs excess oil providing soft, comfortable and supple skin

3 STEPS - 3 MINS - MORNING AND NIGHT

Morning Regime

Step 1: Clarifying Cleanser Oil Free

Step 2: Clarifying Exfoliating Solution

Step 3: Oil Free Hydrating Lotion



Nighttime Regime

Step 1: Clarifying Cleanser Oil Free

Step 2: Acne Retinol Complex

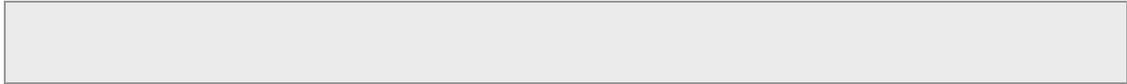
Step 3: Oil Free Hydrating Lotion



Proud Supporters of Halifax Greek Fest !

June 11-14th, 2015

[CLICK HERE For More Info](#)



SPRING HOURS
Monday, Tuesday, Thursday & Friday 9AM- 5PM
Wednesdays 9AM-8PM